

THREE EASY STEPS TO RAISE \$160

1. Self donate

Kick start your fundraising by making a \$20 to your page.

On average, participants who make a self-donation go on to raise three times more than those who do not!

Starts with you: \$20

2. Reach out to 4 family members

Ask 4 family members to match your donation by donating \$20 each.

With some help from family: \$100

3. Ask 6 friends

Ask 6 friends to donate \$10 each.
Reach out to work or school mates or your sporting club.

With the support from friends: \$160

**On average, it costs Ronald
McDonald House \$160 to
support a family for one night.**

