



# ARE YOU READY TO MAKE YOUR MOVE?

13 -19 May



Supporting Local Houses



[danceforsickkids.com](http://danceforsickkids.com)

# WHAT IS DANCE FOR SICK KIDS?

***Dance for Sick Kids*** (DFSK) is a 7-day challenge that raises spirits and vital funds for the thousands of families who rely on Ronald McDonald House Charities in Greater Western Sydney (RMHC GWS) Victoria and Tasmania (RMHC VICTAS) every year.



This feel-good fundraiser runs during National Families Week, May 13 - 19, and invites everyone to have a dance break of 30, 60 or 90 minutes each day while raising funds for families with sick kids.

## HOW DO I GET STARTED?

Head to [danceforsickkids.com](https://danceforsickkids.com) and follow the easy steps to sign up. All registrations will receive a unique fundraising page to share with your community and ask for their support.

If you are taking part with other people, you can create or join a team to demonstrate your collective efforts!

## WHAT HAPPENS AFTER I SIGN UP?

The DFSK Team will be here every step of the way to help with fundraising tips and tricks to help you make the biggest impact. Your DFSK Dashboard is full of social tiles, downloadable resources, email templates and more to help you spread the word about your challenge - and your fundraising.



**Pictured: Jack, 6 who was diagnosed with a Spastic diplegia cerebral palsy at only 14 months.**

## WHO YOU'RE SUPPORTING

Each year, over 4,500 families with sick or injured kids rely on supported accommodation and programs in the community run by Ronald McDonald House Charities in Greater Western Sydney, Victoria and Tasmania.

Located close to major children's hospitals, Ronald McDonald Houses provide a life-changing home-away-from-home for families with seriously ill or injured children who need to travel away from their hometown for critical specialist treatment, along with additional critical services and support..

# THANK YOU FOR SUPPORTING SICK AND INJURED KIDS

*If you have any questions for the DFSK Team,  
please don't hesitate to reach out.*

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