



Supporting local Houses

TOP TEAM TIPS



Recruit your dance crew. The bigger your team, the bigger the impact!

- Post on your social media and nominate friends to join your team by tagging them in the post! You can even download a social tile from our resources.
- Send a pre-written email from your online dashboard. Head to 'Get Support' and set a goal to send it to a minimum of 5 friends.
- Make a list and check it twice! The more the merrier in your team. Think colleagues, friends, family, school and sporting friends! Why not send them a personalised text with your team URL to join!

Why not set some team challenges to get the movement going!

Friendly competition is a great way to keep motivation high, as well as promoting positive team spirit. Why not set challenges within the team and get creative with some fun incentives? Some ideas are:

- The first team member to recruit one new member gets to choose a dance routine for the team!
- The team member that shares their fundraising page the most in a week chooses a song to dance to.
- First team member to raise \$100 gets to choose the other members outfits for the dance off!

Did somebody say dance party?!

If you and your dance crew are nearby, why not have a dance party! And even if you're not - we can vouch that ZOOM dance parties are still lots of fun!

You could learn a dance tutorial together or even play some musical chairs! If you're wanting to chill out a bit more, why not have a dance movie marathon?

HOT TIP:
**Invite people
outside of your
dance crew and
ask for a donation
on entry!**

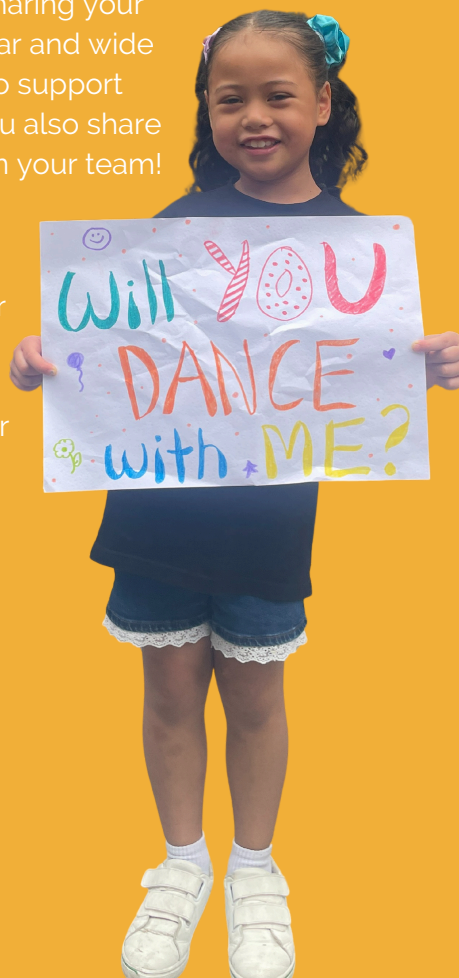
Share, support and smile!

It might go without saying, but team work makes the dream work!

So in addition to sharing your fundraising page far and wide for your network to support you, make sure you also share your journey within your team!

Encourage your team to share their highs and lows of the journey, support each other with tips and words of encouragement and most importantly, smile through it!

Smiles are contagious, so spread them far and wide!




Last but not least!

Don't forget about your final team member, the DFSK Team! We are here to help you every step, leap and twirl of the way. So be sure to reach out if you need a hand with anything!

**Catch us on 0449 007 302
or email
danceforsickkids@rmhc.org.au**

Connect with us on socials

 @danceforsickkids
 @danceforsickkids
 @danceforsickkidsRMHC

and be sure to join our Facebook Group!